ChatGPT, Bard & Bing Chat First Time Usage Instructions

OpenAI's ChatGPT Login Instructions

You'll need an account to access ChatGPT. ChatGPT **requires** a phone number for verification.

> 🔗 **90 second video walkthrough of these instructions**

1. **Navigate** to 🔗 **chat.openai.com**.
2. **Select** "Sign Up".
3. **Create** an account. You can:
   a. Use a unique email address and password combination.
   b. Link an existing Google, Microsoft, Facebook, or Apple account.
4. **Navigate** to your email inbox for an email with the subject "OpenAI – Verify your email".
   a. Click the "Verify email address" button in the email
5. **Provide** your name and date of birth if prompted to do so. (You may not be asked for this information if you chose to link an account in Step 3.)
6. **Provide** a working phone number that you have access to.
   a. You may only have a **maximum of two accounts** linked to one phone number. If you have lost access to your accounts, you can contact OpenAI using the chat feature on their 🔗 **help website**.
7. **Verify** your phone number by typing in the code sent to your account.

🎉 Great work! You've got ChatGPT up and running.

Google's Bard Login Instructions

You'll need an account to access Bard.

1. If you don't already have a Google account, you can 🔗 **create one for free here**.
2. Log in to your Google account.
3. Navigate to 🔗 **bard.google.com**.

4. Select the "Try Bard" button.
5. Accept the terms & conditions.
6. Click "Continue" to acknowledge the disclaimers.

🎉Great work! You're got Bard up and running.

Microsoft's Bing Chat Login Instructions

You don't need a Microsoft account to use Bing Chat, but if you're not logged in, you will only be allowed five chats per conversation.

- Make sure you're using Microsoft Edge, the only browser compatible with Bing Chat. If you don't already have Microsoft Edge, you can 🔗**download it here**.
- If you don't already have a Microsoft account, you can 🔗**create one for free here**.
- Log in to your Microsoft account by clicking the gray person icon in the top right of the Microsoft Edge browser, then entering your username and password.
- Head to 🔗**chat.bing.com** or access Bing Chat on any website by clicking the blue "b" icon in the top right of your browser (pictured above)
- After your first chat, click "Continue" to acknowledge the privacy policy and terms of service.

🎉Great work! You've got Bing Chat up and running.